



KARIBOU MANAGER'S STARTER GUIDE



**PREMIER PAS AVEC KARIBOU?
HERE'S A PRACTICAL GUIDE TO HELP YOU
YOUR GOALS!**



SUPPLIERS AREA

The Official Suppliers area is an essential tool for Karibou managers. It gives you access to the various management and communication tools of the Karibou program.

1 WHERE IS IT LOCATED?

Go to the Karibou.com website and click on the “Official Suppliers” tab in the top right-hand corner of the screen.

2 HOW TO ACCESS?

Enter the username and password given to you by your Karibou coordinator.

3 WHAT'S IN IT?

Finally connected, you'll be able to find several management tools, such as job offer templates, special sessions, evaluation templates, etc.

What's more, you'll be able to download a wide range of communication tools, including logos, posters, photos and much more!





ONLINE FORMATION

Online training is provided using Uxpertise training software. Training lasts between 4 and 6 hours. It is easy to use and highly interactive, thanks to its videos and mini-quizzes.

1 HOW TO REGISTER AN ANIMATOR?

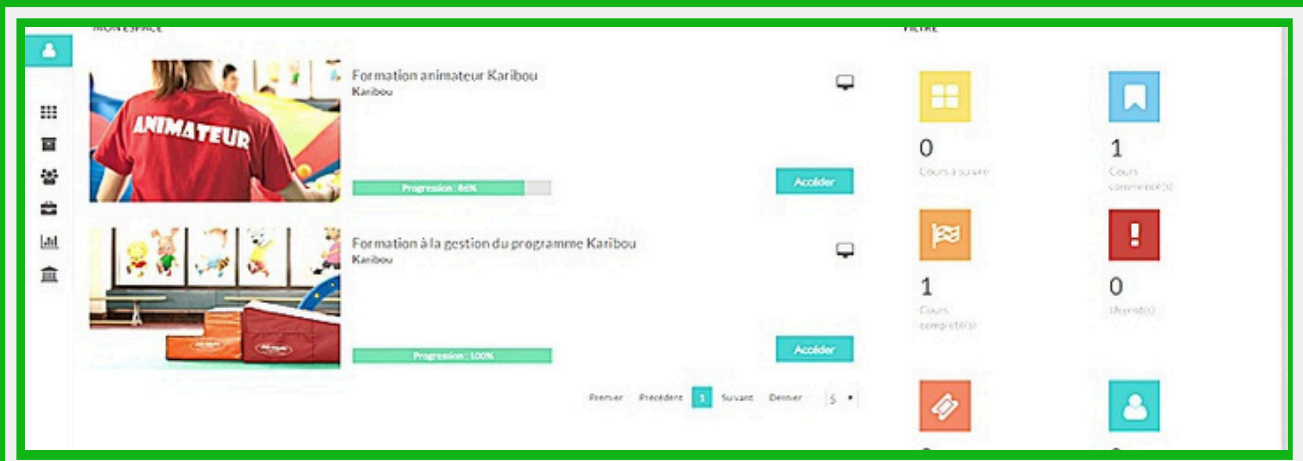
Go to Espace Fournisseurs. In the “Training” tab, download the “Order form - Instructor training” document, fill it in and send it to the Karibou coordinator.

2 WHO WILL CONTACT HIM?

Once the order form has been received, the Karibou coordinator will contact the animator by e-mail.

3 HOW TO ACCESS IT?

The presenter will receive a link to create his Uxpertise account and another to follow the online training. They will have free access for 3 months.





THE KITS

Children's kits consist of a participant's notebook, a magnet, a sticker and a tattoo. They are to be distributed to the children during the session. Orders are placed using the Amilia software.

1 WHY?

The participant's notebook helps the child and parent to follow his or her development. The other items are gifts for the child and aim to create a sense of belonging to the activity.

2 HOW DO I CREATE MY ACCOUNT?

The Karibou coordinator will provide you with a web link to Amilia.

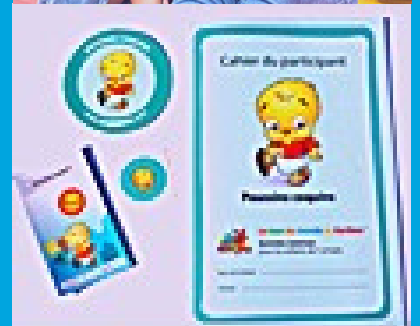
3 HOW MANY SHOULD I ORDER?

Each child must receive a kit. You can wait until you know your total enrolment, or estimate your kit quantity upwards. Undistributed kits are not lost, but will be used at the next session.

4 HOW TO ORDER?

Thanks to our Amilia online store, you can place your order easily and choose the number of kits you require. You can choose to receive your order by post or pick it up at our offices.

amilia





SOCIAL NETWORKS

To help you promote your Karibou activities on social networks, we've put some tools at your disposal. Download our JPEGs for Facebook publication available in the Supplier Area.

KARIBOU? C'EST QUOI?

C'est un programme d'**activités motrices** pour les **1 à 5 ans** accompagnés d'un **parent**. Le programme a été créé en 2007, à Montréal, par des **professionnels de l'industrie** des sports et loisirs ainsi qu'un **spécialiste de la manutention**. Il est divisé en **7 niveaux d'âge** qui sont adaptés à chaque stade du **développement de l'enfant**.

[www.KARIBOU.com](#)

LES OBJECTIFS

Les séances sont structurées en fonction des 3 objectifs du programme :

- 1 **Développer les habiletés motrices**
- 2 **Favoriser l'estime de soi**
- 3 **S'amuser!**

[www.KARIBOU.com](#)

POURQUOI INSCRIRE VOTRE ENFANT AU PROGRAMME KARIBOU?

- ✓ Une occasion unique pour **le féliciter**, pour **l'encourager**, et ainsi l'aider à développer une **bonne estime de lui-même**.
- ✓ **L'aider** à développer ses **facultés motrices**.
- ✓ Votre enfant est une **boule d'énergie!** Laissez-le venir se **défourler!**
- ✓ Une belle opportunité pour **socialiser**, surtout s'il n'est pas inscrit à la garderie!
- ✓ Simplement pour passer un **moment de qualité** avec lui!

[www.KARIBOU.com](#)

ATTENTION!

LES INSCRIPTIONS SONT MAINTENANT OUVERTES!

Venez passer un moment de qualité avec votre tout-petit!

PROGRAMME D'ACTIVITÉS MOTRICES 1 À 5 ANS

[www.KARIBOU.com](#)

RAPPEL!

IL N'EST PAS TROP TARD POUR VOUS INSCRIRE!

Bonne nouvelle! Il reste encore des places dans plusieurs niveaux!

PROGRAMME D'ACTIVITÉS MOTRICES 1 À 5 ANS

[www.KARIBOU.com](#)

KARIBOU? C'EST QUOI?

Par une série de **parcours**, de jeux, d'exercices et d'animations, les **tout-petits** sont invités à **courir**, **sauter**, **danser**, **rouler** et **grimper**. Les activités visent à développer les **habiletés motrices** et permettent aux enfants de ressentir la **fierté** liée à la **réussite personnelle**, renforçant ainsi leur **estime de soi**.

[www.KARIBOU.com](#)



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PUBLISH KARIBOU CONTENT



TAG OUR PROFIL @PROGRAMME KARIBOU



LET US SHARE YOUR PUBLICATION



REACH MORE THAN 7000 PEOPLE



PROGRAM STRUCTURE

The program consists of 10 sessions of 50 minutes each. You can offer as many sessions as you like: fall, winter, spring and even summer. The structure of the program is well detailed in the Motor Activity Session Guide, as well as in the online training.

SESSION ORGANIZATION



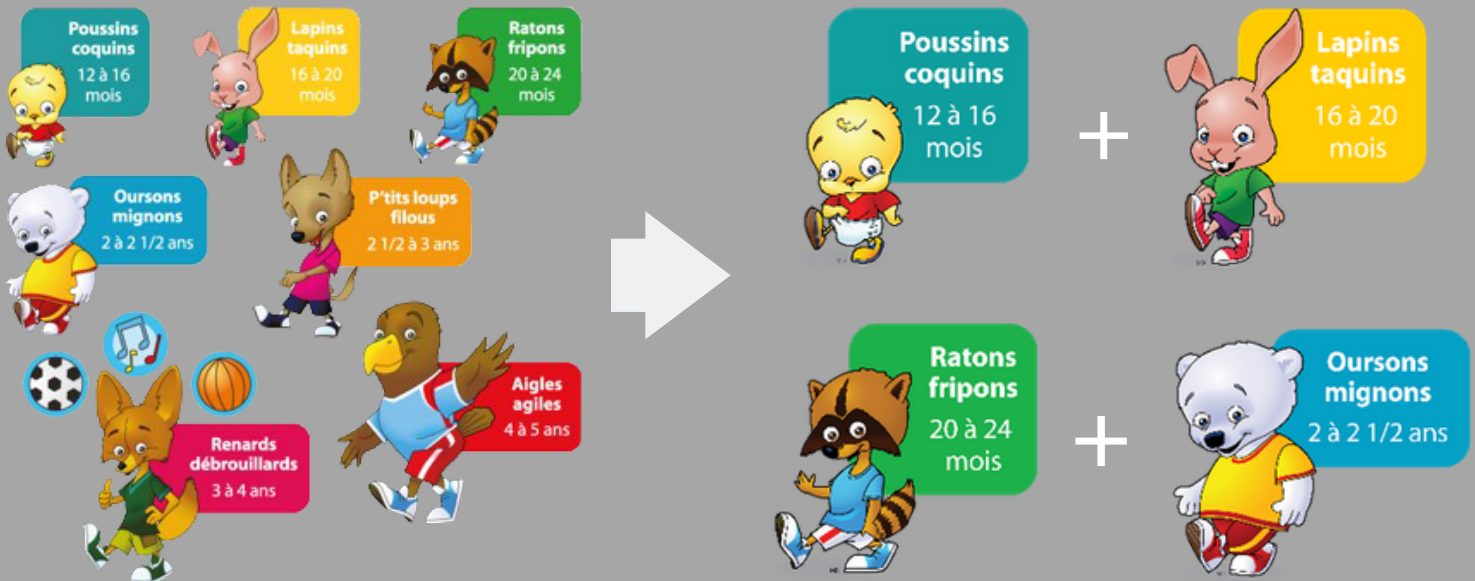
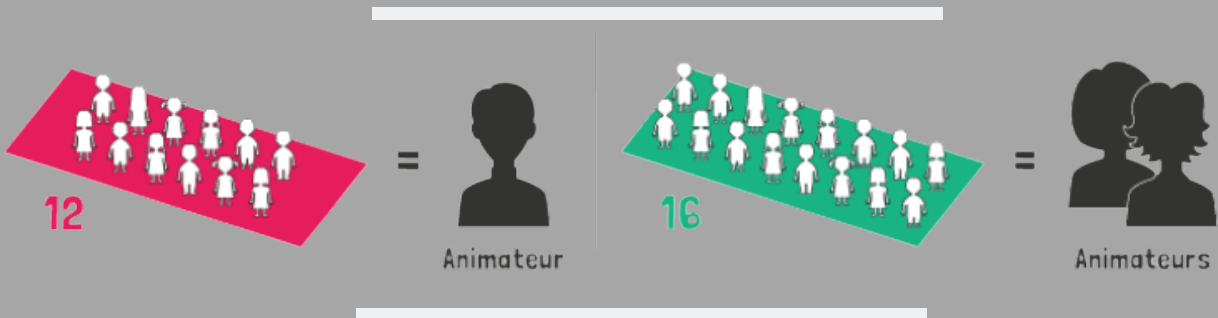
SESSION CONSTRUCTION





GROUPS

To get the most out of the program, you can pair certain levels. Careful! Make sure that the levels are close together, as each level is adapted to the child's stage of motor development.



ATTENTION

Due to their greater age difference, it is not advisable to group the levels below. What's more, the Agile Eagles level is very different from the other levels and requires specific equipment.





THE PREMISES

To ensure the success of your Karibou sessions, don't hesitate to add some atmosphere to your premises. This will make a big difference to the dynamic of the activity. But don't forget to be safe, because at this age, children put everything in their mouths!

1 DECORATION

Dress your room in dynamic colors to create a stimulating environment. You can also dedicate a shelf to the sale of promotional items.

2 STROLLER CORNER

Set aside a strategic area for stroller parking, and make sure it's clearly identified. This will prevent parents from entering the premises with their strollers and soiling your premises.

3 MY ADVICES TO MUM AND DAD

In the Suppliers' Area, download the "Advice for Mom and Dad" sheet and display it at the entrance to your premises.

4 THE MUSIC

For a stimulating motor activity session, make music available to your activity leader. If you don't have any children's music, contact your Karibou coordinator, who will be happy to share it with you.





THE EQUIPMENT

If you don't own any motor skills equipment, we're here to help. To make sure you get the best price on equipment, as an official supplier you can take advantage of discounts with our partners Spectrum and AD-Mats.



1 WHAT EQUIPMENT DO I NEED?

To offer the Karibou program, you'll need the basic materials. You can also add optional equipment. Go to the Suppliers' Area and download the Karibou equipment list for more details.

2 WHAT ARE THE PRICES?

Download the various catalogs in the Suppliers' Area to find out our partners' prices.

3 HOW TO ORDER?

First, contact your Karibou coordinator. He or she will give you the contact information for Spectrum and AD-Mats. All you have to do is request a quote.

**Do you have any
questions?**

**Please contact the
Karibou coordinator!**



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