

# INSTRUCTOR TRAINING: Online or in Person?



## What Training Approach Is Best Suited for your Instructors?

	Training in person	Training online
<b>Duration</b>	Between 6 and 7 hours	Between 4 and 5 hours
<b>Course layout</b>	1 <sup>st</sup> part: theory (3 hours) 2 <sup>nd</sup> part: practice (3 or 4 hours)	The theoretical and practical parts are presented simultaneously so that the topics are more directly assimilated.
<b>Topics addressed</b>	<ol style="list-style-type: none"> <li>1. Description, objectives and roll-out of the program</li> <li>2. Motor abilities of children in accordance with their age and parent expectations</li> <li>3. Planning a program session and period</li> <li>4. Describing the start-up and end routines as well as the main and supplementary activities</li> <li>5. Organizing and preparing a period</li> <li>6. The instructor's role and attitude</li> <li>7. Communicating with children and parents</li> <li>8. Explaining the different motor skills involved</li> </ol>	
<b>Course dates</b>	Predetermined	At the instructor's choice
<b>Location</b>	Montreal	At the instructor's choice

### Advantages of Online Training

- Total flexibility and independence: possibility of training your instructors at the last minute!
- Reduced training costs: no travel expenses involved!
- Accessible 24/7 through the Internet.
- Stimulating, dynamic and interactive interface.
- Shorter training time: only 4 hours!
- Nearly 30 videos showing instructors at work "in the field".

### Enrolments

Go to the Official Providers area on the Karibou website: [www.karibou.com](http://www.karibou.com).

Use the *Instructor Evaluation after His Online Training* sheet which is contained in the evaluation kit and verify for yourself that your instructors have assimilated the knowledge and skills required to lead Karibou Program periods. In so doing, you will be in a position to support them and give them the guidance that will contribute to their success.