



Thematic tool

Add a little magic to your Karibou® classes!

Don't worry, you don't have to wear a costume nor build a huge staging to your class to add a little magic touch. The same activity or exercise can be explained in a lot of different ways in order to stimulate children and parents! As an example, you can say that you will roll over like a monkey or a ninja; the same action, two different ways to explain it!

You can also replace an overused theme by one of the following ideas or create one yourself. Get inspired by these ideas:

Knights rescuing Karibou®

Hide the Karibou® puppet. You can dress as a dragon if you wish.

"My name is Drogo the dragon. I kidnapped Karibou® and took him into my dragon hideout! Do you want to rescue your friend Karibou®? You'll have to accomplish the challenges I will give you today to convince me to let him go!"

Three Little Pigs

Ask everybody to walk as little pigs and do piggy sounds during the warm-up: ask them to jump, run, walk backwards like little pigs. The parents will greatly enjoy doing that with their toddlers!

"While taking a walk in the forest, our friend Karibou® met new friends today: the three little pigs! They need help to build a solid house, so they can hide from the bad Wolf who wants to eat them. They need to explore the forest to find everything they need for their house and Karibou® wants to help them. Do you want to help Karibou® and the piggy build their house by exploring the forest with them?" (Challenge, workshop or courses)



Complementary activity from Chicks to Bears: Walk, run or dance in the forest when there's music playing. When the music stops, run and hide from the bad Wolf, he is coming! The parents can also turn into wolves.

Wolves to Eagles: What time is it Mr. Wolf?

The plush class

The week prior to this class, ask everybody to bring their favourite plush. Make sure to bring more plush, in case some children forget theirs.



Everybody can introduce their plush to the group, saying its name and why it's their favourite one. The instructor explains to the group that his favourite plush is Karibou®! (The Karibou® puppet.)

Align their plush along the wall. "While you are having fun in the obstacle course, your plush will carefully watch your every step. At the end of the course, you can give it a hug and then go back again. Make sure to count every hug! Hugging your plush is important."

As a last activity, play the popcorn game with the parachute. Instead of putting balls on it, make the plush jump into the air!

Thematic tool



In the jungle

If the parents and the managers allow it, draw some quick tiger or monkey make-ups on the children.

"Karibou® just came back from a long and far away trip in the jungle to discover every exotic animal living in it. Do you want to play jungle animals with Karibou®? OK! Choose your favourite animal. It can be a tiger, a snake, a monkey, a crocodile...did you choose? Then let's explore the jungle like we are animals!"

Explain the obstacle course or the challenge with terms like, "crawl like a snake, walk on big rocks across the river and don't fall into the crocodiles, roll like a monkey". Be creative about it!



Space Exploration

If you like, you can dress as an alien. Find a funny name to your character that is appropriate to children.



"I am Karibou®'s friend, coming from a really cool planet far away from earth. Do you want to come with me and Karibou® on a private tour on my planet? Let's go!"

Do the warm-up or the obstacle course as if it was a space ship ride, then arrive and explore the planet.

Do the space-ship game as it appears on page 163 in the Guide.

Volcano

In the warm-up, make everybody walk only on a specific area as if there was lava on the floor. Randomly stop everything because an eruption is happening. Everybody must hide from it!

"Karibou® needs vacations, he decided to bring you all to Hawaii. There are a lot of volcanos on that island. We must be careful at all time in case of an eruption."

"You should follow me and walk only where I walk, the other places are full of lava. Is lava hot? Is it dangerous? Good! Then, we must be careful not to burn our feet!"

Karibou® Pyjama Party

The week prior this class, ask everybody to show up wearing pyjamas. Bring changing clothes too!

"I think I'm still sleeping right now. I love you all so much that I'm dreaming of you having a great time with Karibou®!"

Isotope Mummy

If you want, you can dress as a friendly Egyptian mummy.

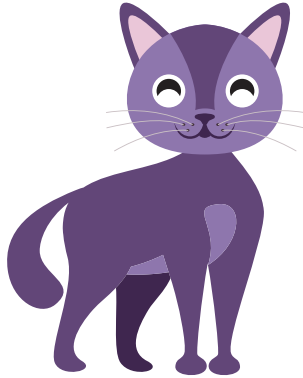
"My name is Isotope, I used to be a great Egyptian prince. I just met Karibou® while exploring my pyramid as a tourist and he told me he has good friends who are really good at searching treasures. Do you want to help me find my great treasure?"





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Cats and dogs



If you want, dress as a dog or draw cat whiskers on your face.

Play tag, dogs catch cats.

«Karibou® has decided to welcome domestic animals in his home: a dog and a cat! Dogs and cats are very different, but they can still play together. Do you know what noise the dog makes? What about the cat?»

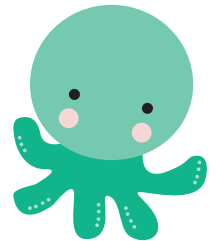
This kind of thematic can easily be adapted with any ball games: “Dogs and cats love to play with balls! You can choose if you want to be a cat or a dog.”

Add the parachute cat game, page 158 of the Guide.

Under the sea

The theme “under the sea” is quite vast. You can be mermaids, fishes, sharks, whales or any other aquatic animal. You can make them swim as if they are exploring the bottom of the sea.

«Karibou® went swimming and he has met some colourful fishes, mermaids, sharks that bite little toes, majestic whales, etc. »



Other ideas

- ▶ Videos games
- ▶ Birds
- ▶ Shapes
- ▶ Fruit salad
- ▶ Earth/sky/ocean
- ▶ Farm animals
- ▶ Jobs
- ▶ Flowers
- ▶ Insects
- ▶ Colours
- ▶ Dinosaurs
- ▶ Cowboys