

Physical Activity Instructor for Children 1 to 5 Years Old

Number of hours: _____ hours per week

Start date: _____

Training date: _____

Duration of contract: 10 weeks

Job location: _____

Wage: \$ _____ per hour



Karibou® is a motor skill activities program for children 1 to 5 years of age. The activities proposed are quite varied and include, among other things, tossing, catching, jumping, dancing, rolling and running. Each 50-minute period begins with a warm-up routine to get the tots energized and ends with a cool-down routine to return them to a calm state. This all takes place in a lively atmosphere that is often accompanied by music. A parent's presence is required at all times.

► Instructor's Tasks:

- Lead, organize and turn each activity period into a magical experience
- Guide and accompany the children and their parents as they take part in the proposed activities
- Adapt the periods according to the age group and the motor skills acquired by each child.

► Qualifications:

- Experience or training in the field of child education (day-care centre, childcare centre)
- Experience in sports education or training in fields related to physical activities and health
- Experience or training in leading activities or as part of a recreational activities program.

If you are interested in this position, send your CV to the attention of

_____ /

no later than _____ / _____ / _____ at: _____

Address: _____

Email: _____

