



Instructions

Objectives of the Special Periods

1. To celebrate a period of the year that is a favourite of children and parents alike
2. To be a transition between the fall and winter sessions
3. To allow a new clientele to try a Karibou period and discover the program
4. To increase client retention during the holiday period



Additional Equipment

The Kingdom of the Snowmen

- ▶ The instructor's disguise: red Christmas hat, scarf, mittens
- ▶ Large snowmen made of card
- ▶ Black buttons made of card
- ▶ Double-sided velcro or blu-tack to stick the buttons onto the snowmen
- ▶ Christmas music
- ▶ Tape to stick the snowmen to the wall
- ▶ Storage box for the buttons (optional)
- ▶ Christmas surprise for the children (optional)



The Secret of the Elves

- ▶ The instructor's disguise: elf hat and shoes
- ▶ Christmas music
- ▶ Large sack or container (Santa sack)
- ▶ Small objects or presents to go in Santa's sack
- ▶ Christmas surprise for the children (optional)

The Big Christmas Celebration

- ▶ The instructor's disguise: reindeer headband, red nose
- ▶ Christmas music
- ▶ Christmas tree(s) made of card
- ▶ Images of Christmas decorations for tree(s) made of card (baubles, candy canes, stars, lights)
- ▶ Decorations for the activity room
- ▶ Skipping ropes or resistance bands
- ▶ Cart or container for the presents (Santa's sleigh)
- ▶ Make-up crayons to draw red noses on the children (optional)
- ▶ Christmas surprise for the children (optional)



Christmas Music Suggestions

- ▶ It's Always Christmas With You!- The Wiggles
- ▶ Dora's Christmas- Dora the Explorer
- ▶ A Muppet Christmas Carol- The Muppets
- ▶ Disney's Family Christmas- Various

