

# The Easter Egg Hunt

You are the cousin of Bouncing Bunny, the Easter Bunny, and you need help because you have lost all of the eggs that you were supposed to hide in Karibou's gardens.



## Welcoming Parents and Children | 3 min



## Start-up Routine | 7 min

1. Theme Song | 2 min      2. Running/ Themed Activities | 5 min



### ► Chicks to Raccoons *See the start-up routine on page 8, 27 or 46*

The instructor hands out the Easter bells (maracas). Once everyone has his Easter bell, the instructor invites the parents and children to line up behind him so that they can all go for a walk in Karibou's gardens. Walk. Once the train has set off, perform different walking styles.



### ► Bears to Foxes

Let's go and look for the eggs! The eggs that we are looking for are specially reserved for Karibou's friends and to look for them we're going to have to cross Karibou's gardens. Be careful, if you find an egg that doesn't have a picture of Karibou on it, don't touch it because it's not for us! Follow me, I'll show you the way. Everyone walks behind the instructor.



The grass is higher here, so we have to raise our knees higher to pass through it. Look, there on the ground, there are some little eggs! Ah, but they don't have a picture of Karibou on them so we have to pass over them by jumping or making long strides. Now we're over by the trees, we're going to have to bend down to pass under the branches or crawl. We did it! Look! What's that over there? It's the eggs! Quickly, let's run over and gather them up (repeat several times).

Everyone gathers around the instructor.



## Obstacle Course | 18 min

We've got the eggs, but we are a long way away. We're going to have to carry them to bring them back closer to the start of Karibou's gardens. Everyone take an egg and follow the obstacle course. Repeat the obstacle course several times as the road is long.

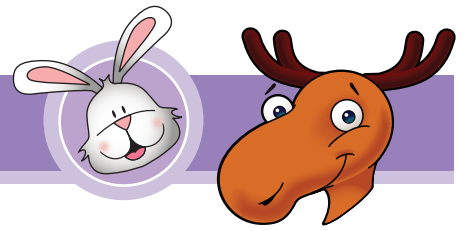
*Prepare a large obstacle course with as much equipment as possible that goes around the activity room.*

The obstacle course should be done by carrying the egg in different ways:

- By Daddy or Mommy
- Holding it in your hand
- Holding it in a scoop or a spoon
- Forward/ Backward

► When everyone has been around the obstacle course several times, gather the eggs together so that we can distribute them properly in Karibou's gardens.





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## Supplementary Activities | 15 min

We are now ready to distribute the eggs and we are going to do so in lots of different ways!

- ▶ **Sorting the Eggs**
  - **Chicks to Raccoons** | Gathering Game *page 157*
  - **Bears to Foxes** | Spring Cleaning *page 157*
- ▶ **Throwing/Rolling the Egg**
  - **Chicks to Raccoons** | The Big Egg (The Big Ball) *page 156*
  - **Bears to Foxes** | Hot Egg (Hot Potato) *page 156*
- ▶ **Parachute Game** *page 158*
  - Waves, Tent, Cooking the Eggs (Popcorn), Warren (Mushroom).



## End Routine | 5 min

To finish our Easter adventure, we are going to imitate Bouncing Bunny's friends. Look at me and do as I do.

### ▶ Animal Yoga

The instructor chooses an animal and shows the card that corresponds to this animal. The children must recognise the animal and then the instructor shows the yoga position that the animal represents. The children and parents imitate the instructor.

#### • Chicks to Raccoons



Bunny



Cat (arched back and straight back)



Dog



Cobra



Butterfly



Tortoise

#### • Extra for Bears to Foxes



Camel



Eagle



## Handing Out the Surprises! | 2 min

- Hand out a little Easter surprise per child!



## Equipment Required

- **Motor skill equipment:** Variable. Use as much equipment as possible so that the children can develop. Maracas, plastic eggs, plastic eggs with a picture of Karibou stuck on each of them, scoops or spoons, large balls or Swiss balls, balls, parachute.
- **Additional Equipment:** The instructor's disguise: Bunny ears, cards that represent animals for Animal Yoga (bunny, cat, dog, camel, cobra, eagle, butterfly, tortoise), surprise (optional).