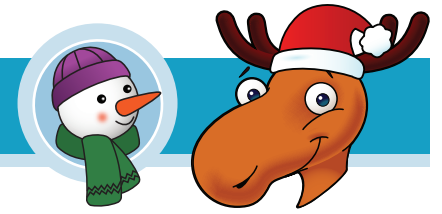


The Kingdom of the Snowmen



Welcome to the Kingdom of the Snowmen! You are a snowman and the children are here to visit your homeland.

Objective: Develop gestural communication (symbolic play and sounds) and dynamic balancing.



Welcoming Parents and Children | 3 min



Start-up Routine | 7 min

1. Theme Song | 2 min
2. Running/ Themed Activities | 5 min



► Chicks to Raccoons See the start-up routine on page 8, 27 or 46

The instructor places a box of scarves in the middle of the circle and invites the children to each take one. Once each child has a scarf, the instructor invites the children and parents to line up behind him so that they can begin their visit of the Kingdom of the Snowmen.



► Bears to Foxes

Hi everyone, today we are going to discover the Kingdom of the Snowmen! Do you know what a snowman looks like? Great job (*the instructor encourages the children's responses*). Let's go then, I know the way (*everyone walks behind the instructor*). There's a lot of snow here, we've got to lift our legs up to move forward (*giant steps*). Now we're in a tall snow corridor. We've got to take sidesteps to get through and hold in our bellies, because it's very narrow. We've made it to the top of the hill! Let's lie down and roll down to the bottom on our sides. Phew I'm a little dizzy! Look around everyone, can you see the igloos? That's where the snowmen live. Let's run over there and visit one!

Now that we've visited the Kingdom, we're going to roll big snowballs that can be used to make snowmen. The instructor hands out a ball to each child.

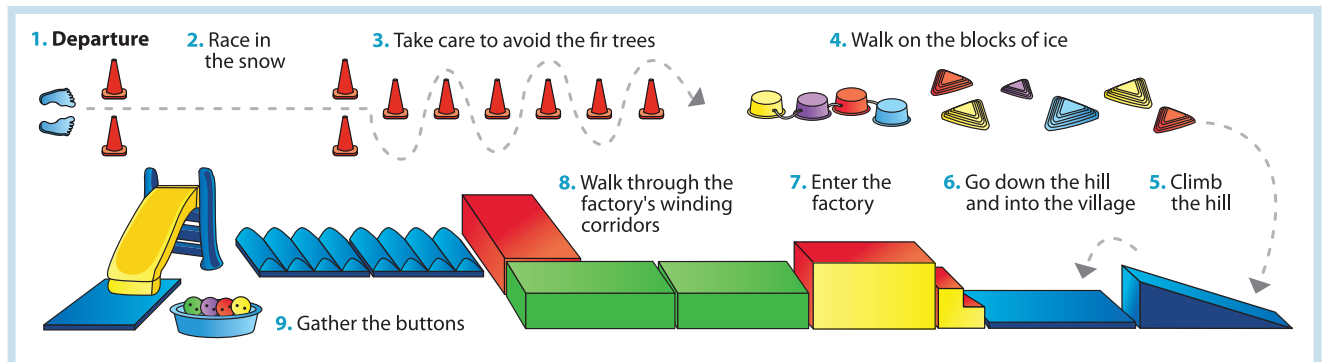
- Big Ball Race (*see page 155*). You can also use a smaller ball.
Here's how we make snowmen! Let's practice by rolling really big snowballs and smaller ones too.

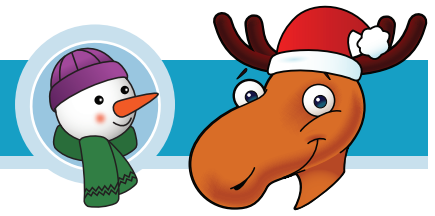
3. Presentation of the Period's Objectives and Main Activities



Themed Activity | 18 min

A great snowstorm has swept through the Kingdom and has taken all of the snowmen's buttons with it! They need the help of Karibou's friends to find the buttons that have disappeared. In the next village, there is a button factory. Let's go there and find some buttons to give to the snowmen.





The Kingdom of the Snowmen

- Themed Activity continued

Part 1 (1 to 3): race. The children must run as fast as possible to find the buttons.

Part 2 (4 to 8): climbing game. When the children walk on the blocks of ice, they must be careful not to fall because the water below is very cold.

Part 3 (9): carrying game. When the children have crossed the village (obstacle course) and found a button, they must stick it onto a snowman with their parents' help, if required.



Supplementary Activities | 15 min

A big thank you from all of the snowmen of the Kingdom! To celebrate finding the buttons, let's have some fun together!

- ▶ Snowball Fight (*see period 3.1, Themed Activity "Winter"*) with hoops or bowling pins, if trapezoid vaulting mats are not available.
- ▶ Parachute Game adapted to the theme (*see page 158*)
 - Igloo (Mushroom)
 - Winter Wind (Waves)
 - Snowflakes (Popcorn)



End Routine | 5 min

The instructor must perform this activity with the participants in order to show them the movements.

- ▶ With big snowballs (Swiss Balls)
 1. Roll the child, who is lying face down, onto the snowball.
 2. Rock the child in a forward-to-backward motion and then left and right.
 3. Do step 2 again, this time with the child on his back.

Finish the routine with the children lying on the floor on their backs to make snow angels (arms and legs apart).
- ▶ Massage (when Swiss Balls are not available)

Each parent takes a little snowball (textured ball). With the ball, the parent massages his child.

 1. Child lying on his back: roll the snowball gently on the child's arms, belly and legs.
 2. Child lying on his belly: roll the snowball on the child's back in different directions.

Between each position, the instructor invites the parents and children to stretch their arms, yawn and roll onto their sides.



Handing Out the Surprises! | 2 min

- Hand out a little Christmas surprise per child.



Equipment Required

- Motor skill equipment: Cones, river stones and/ or overturned buckets, incline, blue mat, step, 2- or 3-wave mats, small red mats, trapezoid vaulting mats, slide, box of scarves, footprint patterns, hoops, bowling pins, Swiss Balls or smaller balls.
- Additional Equipment: The instructor's disguise: red Christmas hat, scarf, mittens, Christmas music, large snowmen made of card, black buttons made of card, double-sided velcro or blu-tack to stick the buttons onto the snowmen, tape to stick the snowmen to the wall, storage box for the buttons, Christmas surprise for the children (optional).